

# **Section One**

## ***MODIFIED ATHLETIC COUNCIL***

### ***HANDBOOK 2007-2008***

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## PHILOSOPHY

It is extremely important that ALL students involved at this initial level of the interscholastic program have a positive, meaningful, and productive experience. It is also important that ALL students have reasonable opportunity to test learned skills in a competitive situation, and that such competition be as equitable as possible.

1. To provide as broad and varied an athletic program as is possible with an opportunity for competition on an equal basis for all students. A desirable program will encourage participation in intramural competition at several achievement levels and provide inter-school competition in a modified sports program for the more talented in as large a variety of sports as possible.
2. To realize that the individual schools have the final responsibility to equalize competition and must administer the program so that no over-matching of teams or individuals shall be permitted.
3. To conduct the athletic program so that educational objectives shall be achieved; so that the highest ideals of sportsmanship are upheld; so that no single phase of the educational program is promoted at the expense of other equally important programs.
4. To realize that the athletic program must be integrated with all other activities essential to youth, including those that may be conducted by out-of-school groups, to avoid an excessive load for any student.
5. To administer the program in such a manner that participants are properly examined, approved, equipped, insured, selected, classified, instructed, and supervised so that as safe a program as is possible is conducted.
6. To administer the program so that there shall be no over-emphasis, minimum loss of school time, with limited publicity, competent officiating, limited awards (e.g. paper certificates, ribbons) and all efforts made to keep in a proper perspective.
7. To provide qualified faculty leadership that understands the teaching of sports to the age group, the objectives of this modified sports program, and the emphasis on safety procedures.
8. To cooperate with schools in the area in providing an inter-school athletic administrative unit that will achieve the objectives and will aid in the development of the highest type of cordial inter-school relationships.
9. To conduct the program so that the proper respect for authority is achieved and so that all evidences of undesirable athletic mannerisms are avoided.
10. To compete within the spirit of the rules, to give every opponent due credit and respect, and to win honorably and to lose graciously.
11. To finance the program through Board of Education approved funds.
12. To cooperate with the Sectional Athletic Council in its efforts to provide sound leadership for all junior high schools in the section. No sectional team or individual championships are to be conducted.

SECTION ONE MODIFIED ATHLETIC COUNCIL

**SECTION ONE MODIFIED CHAIRMAN**

Rich Silverstein  
Athletic Director  
Solomon Schechter School-555 West Hartsdale Ave  
Hartsdale, NY 10530

**STATE REPRESENTATIVES**

TBA  
(female)

Rich Silverstein  
Athletic Director  
Solomon Schechter School  
  
Hartsdale, NY 10530

**EXECUTIVE COMMITTEE**

**ROCKLAND**

Tom Collins  
Athletic Director  
Pearl River High School  
275 East Central Ave.  
Pearl River, NY 10965

Bob Smalt  
Athletic Director  
Clarkstown South Schools  
30 Parrott Rd.  
West Nyack, NY 10994

**NORTHERN WESTCHESTER ~ PUTNAM**

Tom Baker  
Athletic Director  
Hendrick Hudson HS  
2166 Albany Post RD  
Montrose, NY 10548

TBA  
Athletic Director

Steve Young  
Athletic Director  
Horace Greely HS  
70 Raoring Brook RD  
Chappaqua, NY 10514

Dean Berardo  
Modified Ice Hockey  
Brewster High School  
Fogginton Rd.  
Brewster, NY 10509

**DUTCHESS**

Dave Goddard  
Athletic Director  
Arlington Central School  
1157 Route 55.  
Lagrangeville, NY 12603

Athletic Director

SOUTHERN WESTCHESTER

Melissa Alamprese  
Modified athletics  
Croton-Harmon H.S.  
Old Post Road  
Croton-on-Hudson, NY 10520

Tracy Campanile  
Modified Athletics  
Briarcliffe MS  
444 Pleasantville RD  
Briarcliff, NY 10510

Joe Delvecchio  
Athletic Director  
Pelham H.S.  
17 Franklin Place  
Pelham, NY 10803

Richard Silverstein  
Athletic Director  
Solomon Schechter School  
30 Dellwood Road  
White Plains, NY 10605

Michael Menna  
Athletic Director  
Scarsdale High School  
Post Road  
Scarsdale, NY 10583

Jay Block  
300 Columbus  
Valhalla, NY 10595

Dominic Malandro  
Athletic Director  
Westchester Hills School 29  
47 Croydon Rd  
Yonkers, NY 10710

Rob Castagna  
Rye City Schools  
1 Parsons Street  
Rye, NY 10580

Phil Becchetti  
Gorton High School  
100 Shonnard Place  
Yonkers, NY 10703

## MODIFIED SPORTS SCHEDULING COORDINATORS

Modified sports are scheduled by committee: Please see your conference representative for any questions or concerns.

<u>Sport/Season</u>	<u>Scheduling Representatives</u>	<u>School</u>
	<b><u>Conference I</u></b>	
	Phil Becchetti	Gorton HS
<b><u>Fall</u></b>	Mike Menna	Scarsdale HS
Cross Country		
Field Hockey		
Football		
Football - Alternate		
Soccer	<b><u>Conference II</u></b>	
Volleyball	Steve Young	Horace Greely HS
Girl's Tennis		
<b><u>Winter</u></b>		
Basketball – Boys	<b><u>Conference III</u></b>	
Basketball - Girls	Rob Castagna	Rye City Schools
Basketball - 7 & 8 - Gr. Specific		
Ice Hockey	<b><u>Conference IV</u></b>	
Wrestling	Rich Silverstein	Solomon Schechter Woodlands
<b><u>Spring</u></b>		
Baseball		
Lacrosse - Boys		
Lacrosse - Girls		
Soccer - Girls		
Softball		
Boys Tennis		
Track (West., Dut., Put.)		
Track (Rock.)		

GEOGRAPHIC SCHEDULING DIVISIONS

<b>SOUTHERN WESTCH</b>	<b>WESTCH/PUTNAM</b>	<b>DUTCHESS</b>	<b>ROCKLAND</b>
Alexander Hamilton	Brewster	Arlington	Clarkstown No.
Ardasley	Carmel	Arlington MS	Felix Festa -Blue
BlindBrook	Geo. Fisher MS	Lagrange MS	
		Unionvale MS	Clarkstown So.
Briarcliff	Croton	Beacon	Felix Festa - Gold
Bronxville	Garrison	Rombout MS	Nanuet
Byram Hills			
Crittenden MS	Haldane	Dover	Nanuet MS
Dobbs Ferry	Hendrick Hudson	Dover MS	Nyack
Eastchester	Blue Mtn. MS	John Jay (EF)	Nyack MS
Edgemont	Horace Greeley	Van Wyck MS	No.Rockland
Fox Lane	R. E. Bell MS		
	Seven Bridges	R.C. Ketcham HS	Farley MS
Grnbrgh/N Castle	John Jay (CR)	Wappingers JHS	Haverstraw MS
Harrison			
Louis Klein MS	J. F. Kennedy	Pawling	Willow Grove MS
Hastings	Lakeland	Pawling MS	Pearl River
Irvington	Copper Beech MS	Poughkeepsie	Pearl River MS
Mamaroneck			
Hommocks MS	Mahopac	Poughkeepsie MS	East Ramapo
Mt. Vernon	No. Salem		Chestnut Ridge JHS
New Rochelle	Ossining		
Albert Leonard	Panas		Pomona JHS
Isaac Young	Peekskill		
Pelham	Peekskill MS		Suffern
Pleasantville	Putnam Valley		Suffern MS
Pocantico Hills	Somers		Tappan Zee
Portchester	Yorktown		So.Orange MS
Rye			
Rye Neck			
F.E.Bellows MS			
Scarsdale			
Sleepy Hollow			
Solomon Schechter			
Tuckahoe			
Ursuline			
Valhalla			
Westlake			
White Plains			
Yonkers Schools			
Burroughs			
Emerson			
Mark Twain			
Museum			
School 23			
Family School			
School 5			
Paideia School			
Scholastic Academy			

Note: Middle and Jr. High Schools are indented.

**MODIFIED ATHLETIC COUNCIL - SCHEDULING PROCEDURE**

1. **Geography - BOCES Regions**

Southern Westchester  
Northern Westchester/Putnam  
Rockland  
Dutchess

2. **Type of Team Grouping**

7 & 8th Modified  
7th, 8th, & 9th Modified-alternative football & ice hockey only  
9th Grade Frosh - High School Rules  
A - Football, Lacrosse  
B - Football, Lacrosse  
Individual Sports - Track, Cross Country, Wrestling

3. **Size of Participating School**

4. **Process of Scheduling – Steps**

- A. Declaration Forms distributed by SW BOCES to local districts.
- B. Completed Declaration Forms submitted to SW BOCES
- C. Grouping of Declaration Forms by SW BOCES based on prior year's schedule
- D. MAC meeting to finalize sport groupings
- E. Mailing of sport groupings to local districts
- F. Request for changes in sports groups will be made under the following conditions - **this request must be with in the specified time period**

- Geography
- Type of team grouping
- Number of teams available
- Participating school size
- Special request from athletic director

G. Modified scheduling conducted at SW BOCES in concert with MAC Representatives

Schedules will be created:

Fall	-	March 1
Winter	-	June 1
Spring	-	October 1

**Modified Scheduling Formats**

1. Team Sport Scheduling

- A. Home and Home
- B. Single Round
- C. If less than 5 teams in a group - **triple (3) round is used**

**MODIFIED ATHLETIC COUNCIL - SCHEDULING PROCEDURE (continued)**

2. Individual Participant Contest Scheduling

- A. Teams grouped by # of participants (Wrestling)
- B. Single Round
- C. Multi-school meets - 3 or more teams to participate at one site  
(Track, Cross Country)

3. Play day Scheduling Format

This concept is not used presently. It could be used if identified teams want to organize themselves in a Round Robin Format.

5. The number of contests scheduled is determined by the NYSPHSAA handbook.. Schedules will be created within the geographical parameters when possible, and by using other means when a schedule cannot be created from within its own geographical area.

<b><u>SPORTS</u></b>	<b><u>MAX. # OF CONTESTS</u></b>	<b><u>TYPE OF SCHEDULE</u></b>
<b><u>Fall Sports</u></b>		
Boys Soccer	12	1A or 1C
Girls Soccer	12	1A or 1C
Volleyball	14	1A or 1C or 3
Football	7	1B
	7*	1B
Field Hockey	12	1A or 1C or 3
Cross Country	10 **	1B or 2A or 2C

\* Alternate method of scheduling has been devised to balance grade levels of the participating schools

\*\*Westchester/Putnam Cross Country meets are scheduled as multi-school dates - Schools may select their competition dates

<b><u>SPORTS</u></b>	<b><u>MAX. # OF CONTESTS</u></b>	<b><u>TYPE OF SCHEDULE</u></b>
<b><u>Winter Sports</u></b>		
Boys Basketball	14	1A
Girls Basketball	14	1A
Boys Basketball (7) & (8) *	14	1A
Girls Basketball (7) & (8) *	14	1A
Wrestling	12PTS	2A
Ice Hockey	14	

**MODIFIED ATHLETIC COUNCIL - SCHEDULING PROCEDURE (continued)**

<b><u>SPORTS</u></b>	<b><u>MAX. # OF CONTESTS</u></b>	<b><u>TYPE OF SCHEDULE</u></b>
<b><u>Spring Sports</u></b>		
Baseball	14	1A or 1C
Softball	14	1A or 1C
Girls Soccer	12	1A or 1C
Girls Lacrosse	12	1A or 1B or 1C
Boys Lacrosse	12	1A or 1B or 1C
Track	10	

6. The MAC reserves the right to place any team into a sport grouping that best serves the modified program.

7. **Starting Dates:**

<b>Fall Modified Program</b>	First day of school after Labor Day
<b>Winter Modified Program</b>	two weeks after HS Starts
<b>Spring Modified Program</b>	two weeks after HS start date

## **MODIFIED DECLARATION FORMS – DEFINITION OF TERMS**

The information given on the “Declaration Form,” by the Athletic Director or designee, is accepted by the MAC as being a commitment to the sport, classification and schedule.

### **CLASSIFICATIONS**

#### **MODIFIED GRADE 7& 8**

This classification includes students for the modified program 7 & 8 ONLY – Grade 9 students are not to be considered for this program and no student 15 years of age is to be considered at the beginning of the sports season.

#### **MODIFIED GRADE 7 – 8 – 9(alternative Football & ice hockey only)**

This classification includes students for the modified program in grades 7-8-9, inclusive, as defined by NYSPHSAA. It is suggested by the MAC that 7<sup>th</sup> grade students who will be participating against 9<sup>th</sup> grade students be tested using the Selection Classification Standards. The “Composition of the Team” description is most important to define the proper groupings and scheduling balance. Indicate, in your best judgment, what **grade** the majority of students will make up this team.

#### **GRADE 9 FROSH**

This is a high school program using high school rules. Any students in grades 7 & 8 who participate in this classification must be tested using the Selection Classification process.

**Note:** Payment for these Grade 9 Frosh contests will be equivalent to the J.V. scale.

### **ALTERNATIVE TO THE MODIFIED SCHEDULING PLAN**

An alternative scheduling plan can be submitted to the MAC if a group of schools have reason(s) to request a variation. This request should be submitted in writing and sent to the MAC before the scheduling process begins.

Schools who request this alternative may have to develop their own schedule:

Alternatives:

Football - based upon number in Sept.  
7th Grade Basketball only  
8th Grade Basketball only

<p><b>NOTE:</b> Schools that <b>consistently</b> default on their commitment to the sport, classification, and/or schedule may be requested to participate on a limited basis or create their own schedule.</p>
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**MODIFIED ATHLETIC COUNCIL**  
**GENERAL SPORTS STANDARDS**

The rules governing play, eligibility and participation shall be those outlined by the HANDBOOK of the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION. Situations not covered by the following specific modified rules shall be governed by the General Eligibility Rules for the Modified Program which are listed in the Modified section of the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION handbook.

1. The standard starting time for contests played on school days shall be 4:15 p.m. Time changes can be made upon mutual agreement of the two schools.
2. A student may participate in only one sport during a season.
3. In case of postponement, the contests will be rescheduled on the next day if possible. If not, the first open date for both schools must be used for the make-up. Some schools can play on Saturdays and, if feasible, this should be done.
4. The length of all contests shall be maximum time allowed by game rules.
5. All sport specific game conditions and standards must be approved by the Modified Athletic Council.
6. It is recommended that the Olympic style handshake be used prior to or immediately following the contest.
7. Adequate warm-up time must be provided to all athletes prior to or immediately following the contest.
8. The home school shall provide adequate crowd control and site supervision for all home games and scrimmages.
9. **Promotion:** A contestant in grade 7,8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in the same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty per cent of their modified schedule. A contestant promoted to a squad of higher classification may not return to the original squad after participating in a contest with the squad of the higher classification.
10. **Extended Playing Time:** Eligibility for play in an extended playing time should be determined on the basis of the following participation standards: a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time. b) Players whose participation was no more than one half of the regular playing periods/quarters shall also be eligible for play in an extended playing time. c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute "participation" in the regular contest.
11. **Tryouts:** A section may establish try-out periods to allow exceptional athletes the opportunity to be selected for a high school team. Try-out sessions are permitted when the sport season starting dates are the same or when the high school season starts earlier than the modified program. The try-out period shall be the first three days (eight days in football) of the high school season. Try-out periods for wrestling, ice hockey and boys lacrosse shall be a maximum of five days. Student athletes participating in Sectional approved try-out sessions are not subject to the Promotion Rule.

## **GENERAL SPORTS STANDARDS (continued)**

12. **Practice Session:** Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school-organized practice or play on seven consecutive days.

All required practice sessions shall include VIGOROUS ACTIVITY related to the specific sport.

A try-out session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school try-out periods are contiguous to the beginning of the modified sports season.

# MODIFIED ATHLETIC COUNCIL STANDARDS OF COMPETITION

## MODIFIED BASEBALL STANDARDS

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 100)**
2. The home team shall supply **top grade** balls.
3. It is recommended that the home team complete warm-ups prior to the arrival of the visiting team.
4. a) **Mercy rules:** 10 runs - 4 1/2 innings (unless agreed upon by both coaches)  
b) No inning shall start after two hours.

## MODIFIED BASKETBALL STANDARDS (Grade 7, 8, 9) (p. 101)

1. "Pressing" by definition is an extension of one's defense. It is usually interpreted by the defense extending their formation to  $\frac{1}{2}$ ,  $\frac{3}{4}$  or full court. In boys basketball the half court line can become an extra defensive player because of the 10-second time restriction.
2. A team is considered **NOT** to be "pressing" if after a change of possession the team on defense retreats back inside the three-point circle. If a three point circle does not exist, an imaginary line can be drawn through the top of key circle (19' 9") and extend to the sidelines. The team will remain behind the restraining line until the ball passes the mid court line. At this time the defense can extend beyond the restraining line.
3. If a team is ahead by 15 or more points any form of  $\frac{1}{2}$ ,  $\frac{3}{4}$  or full press **cannot** be used.

### KEY POINTS

4. From the start of the season (1<sup>st</sup> Monday after Thanksgiving) to Martin Luther King Day (third Monday in January) only "**man to man**" defense is to be used in the games. **No press of any form can be used until the last 2 minutes of the contest and the overtime period if needed.** If a press is used, it can only be man to man and the 15 point rules does not apply.
5. On the Tuesday after Martin Luther King Birthday, any and all defenses can be used including pressing. NOTE: The press must be removed if a team is ahead by 15 or more points.

## 7/8 BASKETBALL PROGRAM

It is important that the highest standards of sportsmanship and fair play be maintained among both coaches and participants.

## PROGRAM IMPLEMENTATION

### TRYOUTS/PLAYER SELECTION

All coaches will select a minimum of 12 players and must maintain at least ten players on the roster in order to begin the 5 period game. If a team does not have ten players available at game time, the game will be played under the regular four period rule. Teams with less than 12 players must confirm with the opposing school that the 5/4 format will not be used.

## **GAME FORMAT**

1. At the beginning of the 5 period game, each coach will submit copies of his/her roster forms, dividing the team equally into A and B squads, to the opposing coach and scorer's table. Once A and B players have been determined, no switch may be made for the entire game (except in case of an injury, ejection, or foul disqualification which causes the number on one squad to fall below five players, in which case any player from the other squad may be substituted).
2. Squads will play each period as follows:
  - 1st period A squad
  - 2nd period B squad
  - 3rd period A squad
  - 4th period B squad
  - 5th period Any player from either A or B who has not played in more than two quarters (i.e. , the player who shifted squads due to the injury/disqualification rule. (See #1 above)
3. Periods of seven (**7**) minutes in length with one minute between periods.
4. Six time outs per game are allowed.
5. There shall be only one overtime period, two minutes in length. There shall be one additional time out for that period. All players are eligible for the overtime period. If a tie exists at the end of the overtime period, the game ends with a tie.
6. Bonus situation (free throws). The one and one rule will be enforced on the fifth (5th) team foul in each period; at the **end of each period all team fouls will be eliminated**. Team fouls are not to be continuous from period to period.
7. "Pressing" by definition is an extension of one's defense. It is usually interpreted by the defense extending their formation to  $\frac{1}{2}$ ,  $\frac{3}{4}$  or full court. In boys basketball the half court line can become an extra defensive player because of the 10-second time restriction.
8. A team is considered **NOT** to be "pressing" if after a change of possession the team on defense retreats back inside the three-point circle. If a three point circle does not exist, an imaginary line can be drawn through the top of key circle (19' 9") and extend to the sidelines. The team will remain behind the restraining line until the ball passes the mid court line. At this time the defense can extend beyond the restraining line.
9. If a team is ahead by 15 or more points any form of  $\frac{1}{2}$ ,  $\frac{3}{4}$  or full press **cannot** be used.
10. The smaller size ball (girl's ball) is to be used for both boys and girls.

## **MODIFIED CROSS COUNTRY STANDARDS - Boys & Girls**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 102)**
2. The order of events are determined by meet director
3. Team scoring will be allowed in small meets only for the first 4 places of each team.

## **MODIFIED FIELD HOCKEY STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 102)**

## **MODIFIED FOOTBALL STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 103)**
2. A doctor, trainer or EMT shall be present at all football games as per Section One rule.
3. Fencing around the field is recommended. Spectators must remain in the designated spectator area.
4. It is recommended that mature adults, preferably faculty members, are assigned to the chains and down markers for modified games.
5. No scouting of modified games shall be permitted.
6. The use of phones is permitted.
7. Level A and B shall use a youth sized ball.
8. The home school shall be responsible for crowd control.

## **MODIFIED ICE HOCKEY STANDARDS**

1. **SEE HANDBOOK CHART (p. 98) GOVERNING RULES NCAA (p.107)**

## **MODIFIED BOYS LACROSSE STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 108)**
2. Program B game rules and game conditions include those specific to Program A.

## **MODIFIED GIRLS LACROSSE STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 109)**
2. Follow New York State and USWLA guidelines.
3. USWLA approved equipment should be used.
4. The game shall be played in 25-minute halves. The clock shall not stop after goals have been scored.

## **MODIFIED SOCCER STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 110)**
2. If the soccer field is on a multi-purpose field, the line markings shall be a different color.
3. A minimum of three quality game balls should be used at each game.

## **MODIFIED SOFTBALL STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 110)**
2. The home team shall supply top grade balls.
3. It is recommended that the home team complete warm-ups prior to the arrival of the visiting team.
4. a) **Mercy rules:** 15 runs - 4 1/2 innings (unless agreed upon by both coaches)  
b) No inning shall start after two hours.

## **SOFTBALL COACHING MODIFICATIONS**

- A. Nine defensive players will play.
- B. The pitching distance shall be 40'
- C. No stealing is allowed.
- D. Bunting will be allowed.
- E. Runners can leave on the release of a pitch.
- F. The dropped third strike will not be used.
- G. Any legal pitching motion will be used EXCEPT ARC

## **MODIFIED TENNIS STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 112)**

## **MODIFIED TRACK AND FIELD STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 112)**
2. Teams may have unlimited entries in all event
3. The order of events is set forth in the state handbook
4. Athletes may have four attempts in shot put, discus long jump and triple jump
5. Opening heights are:

Pole vault	6'
Boys high jump	3'6" (up by 2")
Girls high jump	3' (up by 2')

## **MODIFIED VOLLEYBALL STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 114)**
2. All matches **MUST** consist of at least three (3) games, (2) games for "B" squads
3. The height of the net will be seven (7) feet.
4. Rally scoring to 25
5. The let serve will be used and the player may use two tosses per turn
6. The service line can be moved in (1) meter
7. No libero player will be used

## **MODIFIED WRESTLING STANDARDS**

1. **SEE HANDBOOK FOR GOVERNING RULES (p. 114)**
2. The program two of the Modified Wrestling Standards will be followed.
3. All scales will be checked and certified annually.
4. Weigh-ins are on the honor system.
5. Each bout will be scored individually. Team score will not be kept.
6. Five 10 second time-outs will be allowed during the match to assist new wrestlers.
7. Coaches must contact the host coach to discuss match procedures.
8. All teams must follow same weight classes as the varsity and junior varsity, if used.

\* \* \* \* \*

## **CHEERLEADERS**

Policies controlling cheerleading have been developed at the Sectional level. The safety, rules and requirements are on the following pages.

# APPENDIX

